

# The **Restore** campaign

## Get creative!

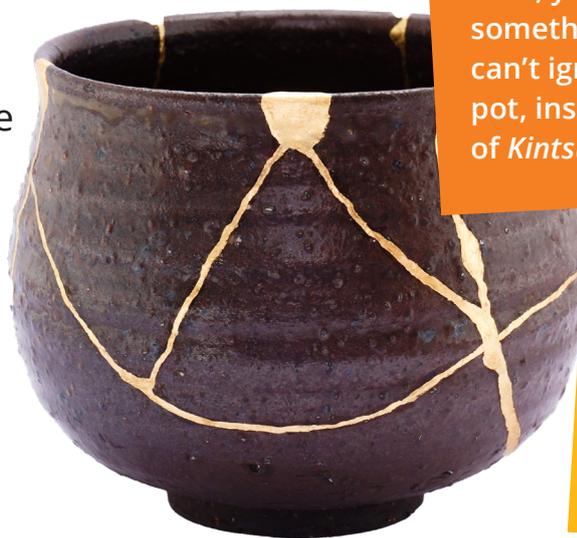
### Share your prayers and hopes for Kenya

Our world is broken by injustice – the debt and climate crises are trapping people like Belinda and Fridah in poverty.

But we can play our part in repairing the harm and restoring justice. In the hope that something more beautiful will emerge.

Christian Aid is collecting prayers, pictures and messages of hope for those impacted by the climate and debt crises to create something that decision makers can't ignore – **a giant restoration pot.**

**This guide tells you how to create and add your contributions.**



Throughout history, art and creativity have been powerful tools for achieving social change. Now, you can help create something that decision makers can't ignore – a giant restoration pot, inspired by the Japanese art of *Kintsugi*.

*Kintsugi* is the Japanese art of repairing pottery using gold to fill in the cracks – it takes what is broken and seeks to make something more beautiful.

'...Kenya spends more paying back debt than it does on public services for ordinary Kenyans...'

### **The Restore Campaign in a nutshell**

In many countries throughout the global South, including Kenya, the climate crisis is colliding with a debt crisis – trapping people into lives of poverty.

We believe the UK Government can help repair the harm.

The UK Government has the power to introduce new debt justice laws that could help tackle poverty in Kenya. It can also make reckless polluters pay for the climate crisis.

Find out more at [caid.org.uk/restore](https://caid.org.uk/restore)

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## Why create a giant pot?

**We believe we can each play our part in repairing the harm and restoring justice. But how?**

We can harness the collective power of our creativity, our prayers and our hopes.

We will create a giant restoration pot, made up of messages collected from churches across the UK and share these messages with people in power.



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## How to get involved

You can contribute by

- Writing prayers and messages of solidarity for people living in Kenya.
- Describing your hopes for a restored world.

(For those feeling more creative, you can draw images too!).

You can contribute with your church, at a craft / youth group or just by inviting your friends over.

Use your contributions to start a conversation with your MP or other elected representative.

**Follow the step-by-step instructions below.**

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## Step-by-step instructions

We've created a set of slides to accompany these instructions – so you can show them to the group. **You'll find all the additional content in this slide deck online: [caid.org.uk/restorepot](http://caid.org.uk/restorepot)**

### **1 Gather your materials**

Choose whichever materials are best for your group. You can use cardboard, pens or colouring pencils; or cloth (think recycling – an old pillowcase, for example) with fabric markers or paint.

Cut your cardboard or cloth, into A5; Give everyone one piece of A5.

### **2 Open with Prayer**

Whether you are a small group doing this together, or you've gathered your whole church, we recommend beginning the activity with prayer.

We have some suggested prayers in the accompanying slide deck.

### **3 Play the Restore intro clips**

These short videos will help people to understand the broad themes of the Restore campaign, what the giant pot is trying to achieve and how it will work. You can find the videos in the accompanying slide deck. You could also use the Christian Aid Week film.



## **4** Set the scene and explain the task

Use the information in this guide to explain what everyone should do and how it will contribute to a giant restoration pot.

Share the case studies at the end of the pack to highlight the lived experience of our global neighbours. These can be printed.

You could play some beautiful and evocative pieces of music, whilst people are making their contributions – we've collated some suggestions at [caid.org.uk/RestorePlaylist](https://caid.org.uk/RestorePlaylist)

## **5** Provide prompts for people to consider whilst reflecting

You could write these prompts on flip chart or use the slides in the accompanying slide deck.

- 1 What do you want to see 'restored' in our world, in the light of the climate and debt crises?
- 2 What would you like to say to decision makers about the need for repair and restoration in our world?

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## **What to do with your contributions?**

- 1 First and foremost, use the contributions to start a conversation with your MP or other elected representative.
- 2 Send two or three of your contributions in to the Campaigns Team using the the free post address so that we can add them to our national Restoration Pot.
- 3 Make some noise about what you have been doing. We have a template press release you can use.

Everything you need for engaging your MP and sharing your story can be found at [caid.org.uk/restorepot](https://caid.org.uk/restorepot)



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## CASE STUDY – **Belinda Kasudi**

Kenya is in a debt crisis that is robbing vital funding from the country's health, education and social services. Debt repayments are stopping the government from addressing their citizens' basic needs – and the impacts of the climate crisis.

Belinda Kasudi is an urban farmer who lives in an informal settlement in Nairobi. It's hard to make a living – even harder if you're a woman. Belinda works what jobs she can find.

The urban farm has had a transformative impact on Belinda and her family. She is determined to see that her children don't have to worry about food in the way that she has.

Many others in Kenya don't have this opportunity and with the Government paying back millions in debt repayments it is unable to support those who need it.

Almost half of Kenya's debt is owed to greedy private lenders, and many of these loans are governed by UK law. Together we can stand with Kenyans like Belinda and call on the UK Government to introduce new debt justice laws.



**Christian Aid has always believed in life before death.** Now it's time to champion life before debt.

## CASE STUDY – **Fridah Moraa**

Fridah Moraa is a widow, mother and grandmother with a quiet unwavering faith which fuels her determination to do her best for her family that depend on her. She lives in an informal settlement in Nairobi, where poverty and deprivation mean that many families regularly go without meals. Kenya's debt crisis means that the government lacks the resources to tackle poverty or provide social protection for the many families that need it.

Despite this, Fridah is building her hope and resilience through growing her own vegetables in an urban farm. Her farm isn't just a buffer against going to bed hungry – this tiny but mighty space holds her children's dreams for a brighter future.

We can stand with Kenyans like Fridah to build hope and a better future by calling for the UK Government to take action for debt justice.



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